NHS
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NHS MEDICAL POLICY

Acute Rehabilitation Admission
Alternative Care 2014-002

The most cost-effective option that meets the member's needs will be considered.

Acute Rehabilitation admission may be indicated when **ALL** the following are present:

1	Medical care needs are stabilized and do not require acute medical hospitalization.
2	Patient status supports active participation in, and benefit from, intensive rehabilitation that include **ALL** of the following: • Intensive rehabilitation therapy program (a minimum of 3 hours per day, 7 days per week) • Goals for measurable improvement • Close physician involvement • Coordinated interdisciplinary team approach
3	Skilled therapy services are needed for **1 or more** of the following: • Environmental and active modification for ADL performance • Equipment and adaptive technology use and safety • Functional activity evaluation and treatment • Motor control and balance evaluation and training • Positioning techniques and training • Prosthetic or orthotic evaluation and training • Safety awareness training related to functional mobility and ADL performance • Strength evaluation and training • Therapeutic exercises or activities supervision to ensure patient safety and treatment effectiveness
4	Multidisciplinary therapy services are needed for **2 or more** of the following: • Physical therapy (PT) • Occupational therapy (OT) • Speech-language pathology (SLP) therapy • Orthotics/prosthetics

SOURCES

1. MCG 18th edition, General Recovery Facility Comparison Tool GRG: CG-GRFAC (RFC)
2. Center for Medicare & Medicaid Services. Medicare benefit policy manual. Chapter 1- inpatient services covered under part A (internet) Center for Medicare & Medicaid Services 2010 Jan accessed at http://www .cms.gov/manuals accessed Sept 2014

CODE REFERENCE   (This may not be a comprehensive list of codes to apply to this policy.)

POLICY HISTORY/REVISION INFORMATION

Date	Action/Description
09/25/2015	Annual review and approval by UM Committee
06/16/2016	Changed from Post Hospital Care (PHC) to Alternative Care (AC)
06/14/2017	Annual review and approval by UM Committee
06/13/2018	Annual review and approval by UM Committee
06/12/2019	Annual review and approval by UM Committee
06/11/2020	Annual review and approval by UM Committee
06/11/2021	Annual review and approval by UM Committee
06/10/2022	Annual review and approval by UM Committee
05/26/2023	Annual review and approval by UM/QM Committee