



## NHS MEDICAL POLICY

### Cardioversion Outpatient Procedure 2014-012

Direct current cardioversion may be indicated in the outpatient setting when any ONE of the following is present:

1	Hemodynamic instability with atrial fibrillation/flutter.
2	New onset or newly recognized atrial fibrillation/flutter.
3	Symptomatic persistent atrial fibrillation/flutter.
4	Heart failure and atrial fibrillation/flutter.
5	Infrequent, but symptomatic, episodes of atrial fibrillation/flutter.
6	Need for long-term rhythm control in patients who will be placed on long-term antiarrhythmic drugs or who will undergo catheter ablation for atrial fibrillation/flutter. Direct cardioversion is intended to restore normal sinus rhythm as the initial part of that process.
7	Patients with an acutely precipitating cause of atrial fibrillation/flutter (e.g. post-operation, pericarditis, pneumonia, pulmonary embolism) may be candidates for direct current cardioversion to improve their symptoms or hemodynamics.

### SOURCES

1. Camm AJ, Lip GY, De Caterina R, et al. 2012 focused update of the ESC Guidelines for the management of atrial fibrillation: an update of the 2010 ESC Guidelines for the management of atrial fibrillation. Developed with the special contribution of the European Heart Rhythm Association. *Eur Heart J* 2012; 33:2719.
2. Naccarelli GV, Dell'Orfano JT, Wolbrette DL, et al. Cost-effective management of acute atrial fibrillation: role of rate control, spontaneous conversion, medical and direct current

cardioversion, transesophageal echocardiography, and antiembolic therapy. Am J Cardiol 2000; 85:36D.

**CODE REFERENCE** (This may not be a comprehensive list of codes to apply to this policy.)

CPT 92960

**POLICY HISTORY/REVISION INFORMATION**

Date	Action/Description
09/25/2015	Annual review and approval by UM Committee
09/14/2016	Annual review and approval by UM Committee
09/12/2017	Annual review and approval by UM Committee
09/12/2018	Annual review and approval by UM Committee
09/12/2019	Annual review and approval by UM Committee
09/10/2020	Annual review and approval by UM Committee
09/10/2021	Annual review and approval by UM Committee
09/19/2022	Annual review and approval by UM Committee
08/23/2023	Annual review and approval by UM/QM Committee